



JANUARY | 2019

South Central K-8

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>31</p>	<p>1</p> <p>NO SCHOOL</p>	<p>2</p> <p>Footlong Hot Dog/bun Baked Beans Corn Chips Mixed Fruit Milk</p> <p>K-5 PBJ Sandwich 6-8 Turkey Deli Wrap</p>	<p>3</p> <p>French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk</p> <p>K-5 PBJ Sandwich 6-8 BBQ Chicken/bun</p>	<p>4</p> <p>Cheese Pizza Carrot Coins Cinnamon Apples Milk</p> <p>K-5 PBJ Sandwich 6-8 Sloppy Joe/bun</p>
<p>7</p> <p>Toasted Cheese Tomato Soup/crackers Carrot Coins Diced Peaches Milk</p> <p>K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap</p>	<p>8</p> <p>Chicken Tenders Bread & Butter Potato Wedges Sweet Peas Fresh Apple Slices Milk</p> <p>K-5 PBJ Sandwich</p>	<p>9</p> <p>Nacho's Grande Chips, Meat, Cheese Refried Beans Fresh Veggies/dip Diced Pears Milk</p> <p>K-5 PBJ Sandwich 6-8 Hot Dog/bun</p>	<p>10</p> <p>Trojan Sub Tator Tots Green Beans Mixed Fruit Milk</p> <p>K-5 PBJ Sandwich 6-8 Brd.Chicken Patty/bun</p>	<p>11</p> <p>Chicken Nuggets Bread & Butter Steamed Broccoli Applesauce Milk</p> <p>K-5 PBJ Sandwich 6-8 Pulled Pork/bun</p>
<p>14</p> <p>General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk</p> <p>K-5 PBJ Sandwich</p>	<p>15</p> <p>Corn Dog Baked Beans Celery Sticks Cinnamon Apples Milk</p> <p>K-5 PBJ Sandwich 6-8 Quesadilla</p>	<p>16</p> <p>Bosco Sticks/sauce Steamed Broccoli Fresh Orange Slices Milk</p> <p>K-5 PBJ Sandwich 6-8 BBQ Chicken/bun</p>	<p>17</p> <p>Cheeseburger/bun Crisscut Fries Sweet Peas Applesauce Milk</p> <p>K-5 PBJ Sandwich 6-8 Pepperoni Pizza</p>	<p>18</p> <p>Cheese Pizza Carrot Coins Diced Pears Milk</p> <p>K-5 PBJ Sandwich 6-8 Hot Dog/bun</p>
<p>21</p> <p>NO SCHOOL</p> <p>Martin Luther King Day</p>	<p>22</p> <p>Footlong Hot Dog/bun Baked Beans Corn Chips Mixed Fruit Milk</p> <p>K-5 PBJ Sandwich 6-8 Turkey Deli Wrap</p>	<p>23</p> <p>Macaroni & Cheese Dinner Roll Steamed Broccoli Diced Peaches Milk</p> <p>K-5 PBJ Sandwich 6-8 Pizzaburger/bun</p>	<p>24</p> <p>French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk</p> <p>K-5 PBJ Sandwich 6-8 Quesadilla</p>	<p>25</p> <p>Cheese Pizza Carrot Coins Fresh Pears Milk</p> <p>K-5 PBJ Sandwich 6-8 BBQ Chicken/bun</p>
<p>28</p> <p>Sprimp Poppers Bosco Sticks Tator Tots Green Beans Fruit Juice Milk</p> <p>K-5 PBJ Sandwich 6-8 Bosco Sticks</p>	<p>29</p> <p>Breaded Chicken Patty/bun Steamed Broccoli Applesauce Milk</p> <p>K-5 PBJ Sandwich 6-8 Pulled Pork/bun</p>	<p>30</p> <p>Toasted Cheese Tomato Soup/crackers Carrot Coins Peach Cup Milk</p> <p>K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap</p>	<p>31</p> <p>Chicken Tenders Bread & Butter Potato Wedges Sweet Peas Apple Juice Milk</p> <p>K-5 PBJ Sandwich</p>	<p>1</p> <p>Nacho's Grande Chips, Meat, Cheese Refried Beans Fresh Veggies/dip Diced Pears Milk</p> <p>K-5 PBJ Sandwich 6-8 Hot Dog/bun</p>

Breakfast

Mon.: Cereal
Tues.: Cinni Mini
Wed.: Cereal
Thurs.: Pop tart
Fri.: Chocolate Donuts



JANUARY | 2019

South Central High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31 	1 <p style="text-align: center;">NO SCHOOL</p>	2 Fiestada Pizza Carrot Coins Fresh Oranges Milk BBQ Chicken/bun	3 Chicken Nuggets Bread & Butter Buttered Broccoli Green Beans Applesauce Milk Quesdilla	4 Rodeo Burger/bun Baked Beans Celery & Carrot Sticks/Dip Fresh Pears Milk Italian Calzone
7 Build A Sub Meats, Cheeses, Bun Lettuce, Pickles, Onion Steamed Broccoli Fresh Apple Milk Breaded Chicken Patty/bun	8 Pepperoni Pizza Carrot Coins Mixed Fruit Corn Chips Milk Cheeseburger/bun	9 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk	10 Bosco Sticks Dipping Sauce Steamed Broccoli Applesauce Milk Pizza Bob Sandwich	11 Frito Flip Chips, Meat, Cheese Refried Beans Celery & Cucumbers/dip Diced Pears Milk Turkey Deli Wrap
14 Chicken Parmesan/Rotini Steamed Broccoli Fresh Pear Milk Mozzarella Sticks/sauce	15 Shrimp Poppers Bosco Sticks Sweet Peas Diced Peaches Milk Ham & Cheese/bun	16 Build A Burrito/Bowl Meat, Cheese, Rice Lettuce, Peppers, Salsa Refried Beans Fresh Orange Milk	17 Toasted Cheese Sandwich Tomato Soup/Crackers Carrot Coins Strawberry Cup Milk Corn Dog	18 Chicken Tenders Bread & Butter Mashed Potatoes/Gravy Green Beans Cinnamon Apples Milk
21 <p style="text-align: center;">NO SCHOOL</p> <p style="text-align: center;">Martin Luther King Day</p>	22 Popcorn Chicken Bowl Bread & Butter Mashed Potatoes/Gravy Sweet Corn Diced Peaches Milk	23 French Toast Sticks Sausage Links Tater Tots Fruit Juice Banana Milk Pulled Pork/bun	24 Fiestada Pizza Carrot Coins Fresh Orange Milk BBQ Ribette/bun	25 Chicken Nuggets Bread & Butter Buttered Broccoli Green Beans Applesauce Milk Quesdilla
28 Build A Sub Meats, Cheeses, Bun Lettuce, Pickles, Onion Steamed Broccoli Fresh Apple Milk Breaded Chicken Patty/bun	29 Pepperoni Pizza Carrot Coins Diced Pears Corn Chips Milk Cheeseburger/bun	30 General TSO Chicken Brown Rice Peas & Carrots Peach Cup Fortune Cookie Milk	31 Bosco Sticks Dipping Sauce Steamed Broccoli Applesauce Milk Pizza Bob Sandwich	1

*Welcome Back
And
Happy New
Year!*