

# APRIL | 2019

## South Central K-8



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>1</b> General TSO Chicken Brown Rice Peas &amp; Carrots Fruit Cup Fortune Cookie Milk  K-5 PBJ Sandwich</p>	<p><b>2</b> Corn Dog Baked Beans Cinnamon Apples Milk  K-5 PBJ Sandwich 6-8 Quesadilla</p>	<p><b>3</b> Bosco Sticks/sauce Carrot Coins Applesauce Milk  K-5 PBJ Sandwich 6-8 BBQ Chicken/bun</p>	<p><b>4</b> Cheeseburger/bun Crisscut Fries Sweet Peas Diced Pears Milk  K-5 PBJ Sandwich 6-8 Pepperoni Pizza</p>	<p><b>5</b> Chicken Tenders Bread &amp; Butter Steamed Broccoli Fresh Oranges Milk  K-5 PBJ Sandwich 6-8 Pulled Pork/bun</p>
<p><b>8</b> Pepperoni Pizza Sweet Corn Apple Slices Milk  K-5 PBJ Sandwich 6-8 Breaded Chicken/bun</p>	<p><b>9</b> Footlong Hot Dog/bun Baked Beans Corn Chips Mixed Fruit Milk  K-5 PBJ Sandwich 6-8 Turkey Deli Wrap</p>	<p><b>10</b> Macaroni &amp; Cheese Dinner Roll Steamed Broccoli Diced Peaches Milk  K-5 PBJ Sandwich 6-8 Pizzaburger/bun</p>	<p><b>11</b> French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 Quesadilla</p>	<p><b>12</b> Cheese Pizza Carrot Coins Diced Pears Milk  K-5 PBJ Sandwich 6-8 BBQ Chicken/bun</p>
<p><b>15</b> Nacho's Grande Chips, Meat, Cheese Refried Beans Fresh Veggies/dip Diced Pears Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun</p>	<p><b>16</b> Shrimp Poppers Bosco Sticks Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 Bosco Sticks</p>	<p><b>17</b> Breaded Chicken Patty/bun Steamed Broccoli Applesauce Milk  K-5 PBJ Sandwich 6-8 Pulled BBQ Pork/bun</p>	<p><b>18</b> Toasted Cheese Tomato Soup/crackers Carrot Coins Peach Cup Milk  K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap</p>	<p><b>19</b> NO SCHOOL EASTER BREAK</p>
<p><b>22</b> Chicken Nuggets Bread &amp; Butter Potato Wedges Sweet Corn Diced Peaches Milk  K-5 PBJ Sandwich</p>	<p><b>23</b> Cheese Pizza Carrot Coins Diced Pears Milk  K-5 PBJ Sandwich 6-8 Brd.Chicken Patty/bun</p>	<p><b>24</b> Trojan Sub Baked Beans Fresh Veggies/dip Mixed Fruit Milk  K-5 PBJ Sandwich 6-8 BBQ Chicken/bun</p>	<p><b>25</b> French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich</p>	<p><b>26</b> General TSO Chicken Brown Rice Peas &amp; Carrots Fruit Cup Fortune Cookie Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun</p>
<p><b>29</b> Chicken Tenders Bread &amp; Butter Potato Wedges Sweet Peas Apple Juice Milk  K-5 PBJ Sandwich</p>	<p><b>30</b> Toasted Cheese Tomato Soup/crackers Carrot Coins Diced Peaches Milk  K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### News

# APRIL | 2019

## South Central High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>1</b> Toasted Cheese Sandwich Tomato Soup Saltine Crackers Carrot Coins Strawberry Cup Milk</p> <p>Meat Lovers Pizza</p>	<p><b>2</b> Build A Burrito/Bowl Meat, Cheese, Rice Lettuce, Peppers, Salsa Fiesta Beans Fresh Orange Milk</p> <p>Pepperoni Pizza</p>	<p><b>3</b> Chicken &amp; Waffles/syrup Potato Coins Green Beans Veggie Bar Fresh Strawberries Milk</p> <p>French Bread Pizza</p>	<p><b>4</b> BBQ Ribette/bun Steamed Broccoli Veggie Bar Applesauce cup Milk</p> <p>Bosco Sticks/sauce</p>	<p><b>5</b> General TSO Chicken Brown Rice Peas &amp; Carrots Fruit Cup Fortune Cookie Milk</p> <p>Cheesy Bread</p>
<p><b>8</b> Popcorn Chicken Bowl Bread &amp; Butter Mashed Potatoes/Gravy Sweet Corn Diced Peaches Milk</p> <p>Philly Steak Pizza</p>	<p><b>9</b> French Toast Sticks Sausage Links Tater Tots Fruit Juice Banana Milk</p> <p>Ham &amp; Cheese Pizza</p>	<p><b>10</b> Pulled Pork Stacker BBQ Pork Piled High on Top of Fresh Baked Garlic Texas Toast &amp; Mashed Potatoes &amp; Topped with Onion Petals And Shredded Cheddar Cheese Veggie Bar Fruit Cup Milk</p> <p>Fiestada Pizza</p>	<p><b>11</b> Chicken Parmesan Steamed Rotini/sauce Strawberry Spinach Salad Fresh Pear Milk</p> <p>Quesdilla</p>	<p><b>12</b> Rodeo Burger/bun Baked Beans Celery &amp; Carrot Sticks/Dip Fresh Pears Milk</p> <p>Italian Calzone</p>
<p><b>15</b> Build A Sub Meats, Cheeses, Bun, w/ Fresh Toppings Green Beans Fresh Apple Milk</p> <p>Cheese Pizza</p>	<p><b>16</b> Sloppy Tots Savory Sloppy Joe over Crispy Tator Tots and Sprinkled with Cheddar Cheese Veggie Bar Mixed Fruit Milk</p> <p>Pepperoni Pizza</p>	<p><b>17</b> Firecracker Chicken Vegetable Lo Mein Veggie Bar Fruit Cup Fortune Cookie Milk</p> <p>French Bread Pizza</p>	<p><b>18</b> Hot Dog Bar Roasted Hot Dog, Chili, Cheese, Onion, Relish, Peppers Potato Salad Baked Beans Watermelon Milk Pizza Bob Sandwich</p>	<p><b>19</b> NO SCHOOL EASTER BREAK</p>
<p><b>22</b> Oven Baked Chicken Mashed Potato w/Brown Gravy Fresh Baked Biscuit Creamy Coleslaw Diced Peaches Milk</p> <p>Hawaiian Pizza</p>	<p><b>23</b> Cheeseburger/bun Baked Beans Steamed Peas Diced Pears Milk</p> <p>Sausage Pizza</p>	<p><b>24</b> Dorito Extreme Walking Taco Meat, Cheese, Lettuce, Sr. Cr Fiesta Beans Veggie Bar Fresh Pear Milk</p> <p>Fiestada Pizza</p>	<p><b>25</b> Spaghetti &amp; Meatballs Garlic Texas Toast Steamed Carrot Coins Mixed Fruit Milk</p> <p>Bosco Sticks/sauce</p>	<p><b>26</b> It's Fry Day! Chicken Fries Funnel Cake Fries Crinkle Cut Fries Veggie Bar Fruit Cup Milk Quesadilla</p>
<p><b>29</b> Chili Cheese Fries Corn Bread Salad Bar Fresh Fruit Milk</p> <p>Veggie Pizza</p>	<p><b>30</b> Chicken Verde Enchilada Seasoned Chicken and Cheese rolled in a Tortilla Wrap and Topped with Queso Cheese sauce Fiesta Beans Salad Bar Fresh Apple Milk</p> <p>Cheesy Bread</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>

### News

Exciting NEW Lunch  
Options!!!!

Pizza Option Daily!

New Flavors!

New Veggie Bar!