



DECEMBER | 2018

South Central K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Toasted Cheese Tomato Soup/crackers Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap	4 Chicken Tenders Bread & Butter Potato Wedges Sweet Corn Apple Juice Milk K-5 PBJ Sandwich	5 French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 BBQ Chicken/bun	6 Cheese Pizza Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 Sloppy Joe/bun	7 Spaghetti & Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun
10 Ham & Cheese/bun Baked Beans Corn Chips Mixed Fruit Milk K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap	11 Popcorn Chicken Bread & Butter Mashed Potatoes/gravy Sweet Corn Fruit Cup Milk K-5 PBJ Sandwich	12 Nacho's Grande Chips, Meat, Cheese Refried Beans Fresh Veggies/dip Diced Pears Milk K-5 PBJ Sandwich 6-8 Cheeseburger/bun	13 French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun	14 Chicken Nuggets Bread & Butter Steamed Broccoli Applesauce Milk K-5 PBJ Sandwich 6-8 Pulled Pork/bun
17 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk K-5 PBJ Sandwich	18 Corn Dog Baked Beans Celery Sticks Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Quesadilla	19 Bosco Sticks/sauce Steamed Broccoli Fresh Orange Slices Milk K-5 PBJ Sandwich 6-8 BBQ Chicken/bun	20 Chicken Tenders Bread & Butter Mashed Potatoes/Gravy Green Bean Casserole Baked Apples Milk K-5 PBJ Sandwich	21 Cheese Pizza Carrot Coins Pineapple Tidbits Cookie Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun
24 **	25 <i>Christmas</i>	26	27 <i>Break</i>	28 **
31 NO SCHOOL				

News

Breakfast

Mon.: Cereal
Tues.: Cinni Mini
Wed.: Cereal
Thur.: Poptart
Fri.: Chocolate Muffin



DECEMBER | 2018

South Central High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Popcorn Chicken Bowl Bread & Butter Mashed Potatoes/Gravy Sweet Corn Tropical Fruit Milk	4 French Toast Sticks Sausage Links Tater Tots Fruit Juice Banana Milk Pulled Pork/bun	5 Fiestada Pizza Sweet Potato Tots Mandarin Oranges Milk BBQ Ribette/bun	6 Chicken Nuggets Bread & Butter Buttered Broccoli Green Beans Applesauce Milk Quesdilla	7 Rodeo Burger/bun Baked Beans Celery & Carrot Sticks Fresh Pears Milk Italian Calzone
10 Build A Sub Meats, Cheeses, Bun Lettuce, Pickles, Onion Steamed Broccoli Fresh Apple Milk Breaded Chicken Patty/bun	11 Pepperoni Pizza Carrot Coins Pineapple Tidbits Corn Chips Milk Cheeseburger/bun	12 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk	13 Bosco Sticks Dipping Sauce Steamed Broccoli Applesauce Milk Pizza Bob Sandwich	14 Frito Flip Chips, Meat, Cheese Refried Beans Celery & Cucumbers/dip Diced Pears Milk Foot long Hot Dog/bun
17 Chicken Parmesan/Rotini Steamed Broccoli Pineapple Tidbits Milk Mozzarella Sticks/sauce	18 Shrimp Poppers Bosco Sticks Sweet Corn Diced Peaches Milk Ham & Cheese/bun	19 Build A Burrito/Bowl Meat, Cheese, Rice Lettuce, Peppers, Salsa Refried Beans Fresh Orange Milk	20 Toasted Cheese Sandwich Tomato Soup/Crackers Carrot Coins Tropical Fruit Milk Corn Dog	21 Chicken Tenders Bread Stuffing Mashed Potatoes/Gravy Green Bean Casserole Apple Crisp Milk
24 * *	25 <i>Christmas</i>	26	27 <i>Break</i>	28 * *
31 NO SCHOOL				

News

Happy Holidays!

From the Foodservice Staff