



NOVEMBER | 2018

South Central K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pepperoni Pizza Carrot Coins Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Bosco Sticks	2 Shrimp Poppers Bosco Sticks Peas & Carrots Diced Peaches Milk K-5 PBJ Sandwich 6-8 Quesadilla
5 French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 Cheeseburger/bun	6 Popcorn Chicken Bread & Butter Mashed Potatoes/gravy Sweet Corn Fruit Cup Milk K-5 PBJ Sandwich 6-8 Sloppy Joe	7 Cheese Pizza Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 Chicken Fajita Wrap	8 NO SCHOOL Parent/Teacher Conferences	9 NO SCHOOL
12 Toasted Cheese Tomato Soup/crackers Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 Cheeseburger/bun	13 Small Mac Burger/bun Lettuce,Cheese,Pickles,Sauce Baked Fries Sweet Peas Sliced Apples Milk K-5 PBJ Sandwich 6-8 Sloppy Joe/bun	14 Pepperoni Pizza Sweet Tots Green Beans Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Chicken Fajita Wrap	15 Chicken Nuggets Bread & Butter Steamed Broccoli Applesauce Milk K-5 PBJ Sandwich 6-8 Bosco Sticks	16 Nacho's Grande Chips, Meat, Cheese Refried Beans Fresh Veggies/dip Diced Pears Milk K-5 PBJ Sandwich 6-8 Quesadilla
19 Cheese Pizza Baked Beans Diced Peaches Milk K-5 PBJ Sandwich 6-8 Cheeseburger/bun	20 Chicken Tenders Bread Stuffing Mashed Potato/Gravy Green Bean Casserole Frozen Fruit Cup Milk	21 <i>Happy</i>	22 <i>Thanksgiving</i>	23 <i>Break</i>
26 NO SCHOOL	27 Spaghetti & Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Sloppy Joe/bun	28 Footlong Hot Dog/bun Baked Beans Corn Chips Mixed Fruit Milk K-5 PBJ Sandwich 6-8 Chicken Fajita Wrap	29 Pizza Burger/bun Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 Bosco Sticks	30 Breaded Chicken Patty/bun Sweet Corn Fresh Veggies/dip Mandarin Oranges Milk K-5 PBJ Sandwich 6-8 Quesadilla

Breakfast

*Monday: Coco Puffs
 Tuesday: Cinni Mini
 Wednesday: Lucky Charms
 Thursday: Fudge Poptarts
 Friday: Chocolate Muffins*

Milk, Juice and Fruit served daily with breakfast.

Breakfast is FREE to ALL K-8 students.



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High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Fiestada Pizza Sweet Potato Tots Mandarin Oranges Milk BBQ Ribette/bun	2 5 Chicken Nuggets Bread & Butter Buttered Broccoli Green Beans Applesauce Milk Quesdilla
5 Toasted Cheese Sandwich Tomato Soup/Crackers Carrot Coins Tropical Fruit Milk Corn Dog	6 Spaghetti & Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk Mozzarella Sticks/sauce	7 Build A Burrito/Bowl Meat, Cheese, Rice Lettuce, Peppers, Salsa Refried Beans Fresh Orange Milk	8 NO SCHOOL Parent/Teacher Conferences	9 NO SCHOOL
12 Pepperoni Pizza Carrot Coins Pineapple Tidbits Corn Chips Milk Cheeseburger/bun	13 Build A Sub Meats, Cheeses, Bun Lettuce, Pickles, Onion Steamed Broccoli Fresh Apple Milk Breaded Chicken Patty/bun	14 Bosco Sticks Dipping Sauce Steamed Broccoli Applesauce Milk Pizza Bob Sandwich	15 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk	16 Loaded Nacho's/ Frito Flip Chips, Meat, Cheese Refried Beans Celery & Cucumbers/dip Diced Pears Milk Foot long Hot Dog/bun
19 Shrimp Poppers Bosco Sticks Broccoli/cheese Diced Peaches Milk Meatball Sub	20 Chicken Tenders Bread Stuffing Mashed Potatoes/Gravy Green Bean Casserole Apple Crisp Milk	21 <i>Happy Thanksgiving Break</i>		
26 NO SCHOOL	27 Toasted Cheese Sandwich ¼ c. Tomato Soup/Crackers ½ c. Carrot Coins Tropical Fruit Milk Corn Dog	28 Build A Burrito/Bowl Meat, Cheese, Rice ½ c. Lettuce, Peppers, Salsa ½ c. Refried Beans Fresh Orange Milk	29 Chicken Tenders Bread & Butter 2.87 oz. Potato Wedges ½ c Sweet Corn 2 Apple Juice Milk Ham & Cheese/bun	30 Shrimp Poppers Bosco Sticks Broccoli/cheese Diced Peaches Milk Meatball Sub

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