



OCTOBER | 2018

South Central K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheeseburger/bun Baked Beans Creamy Coleslaw Mixed Fruit Milk K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap	2 Popcorn Chicken Bread & Butter Mashed Potatoes/gravy Sweet Corn Fruit Cup Milk K-5 PBJ Sandwich Turkey Deli Wrap	3 Cheese Pizza Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 BBQ Chicken/bun	4 French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 Pulled Pork/bun	5 NO SCHOOL Staff Work Day
8 Toasted Cheese Tomato Soup/crackers Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap	9 Small Mac Burger/bun Lettuce,Cheese,Pickles,Sauce Baked Fries Sweet Peas Sliced Apples Milk K-5 PBJ Sandwich 6-8 Turkey Deli Wrap	10 Pepperoni Pizza Sweet Tots Green Beans Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 BBQ Chicken /bun	11 Chicken Nuggets Bread & Butter Steamed Broccoli Applesauce Milk K-5 PBJ Sandwich 6-8 Pulled Pork/bun	12 Nacho's Grande Chips, Meat, Cheese Refried Beans Fresh Veggies/dip Diced Pears Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun
15 Bosco Sticks/sauce Steamed Broccoli Fresh Orange Slices Milk K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap	16 Spaghetti & Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Turkey Deli Wrap	17 Cheeseburger/bun Crisscut Fries Sweet Corn Applesauce Milk K-5 PBJ Sandwich 6-8 BBQ Chicken/bun	18 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk K-5 PBJ Sandwich 6-8 Pulled Pork/bun	19 French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun
22 Footlong Hot Dog/bun Baked Beans Corn Chips Mixed Fruit Milk K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap	23 Ham & Cheese/bun Green Beans Diced Pears Milk K-5 PBJ Sandwich 6-8 Turkey Deli Wrap	24 Pizza Burger/bun Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 BBQ Chicken/bun	25 Breaded Chicken Patty/bun Sweet Corn Fresh Veggies/dip Mandarin Oranges Milk K-5 PBJ Sandwich 6-8 Pulled Pork/bun	26 Spaghetti & Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Hot Dog/bun
29 Chicken Tenders Bread & Butter Potato Wedges Sweet Corn Apple Juice Milk K-5 PBJ Sandwich 6-8 Buffalo Chicken Wrap	30 Corn Dog Baked Beans Celery Sticks Pineapple Tidbits Milk K-5 PBJ Sandwich	31 Trojan Sub Ham, Turkey, Cheese, Bun Lettuce, Pickles Steamed Broccoli Diced Pears Milk K-5 PBJ Sandwich 6-8 BBQ Chicken/bun		

Breakfast

Monday: Coco Krispies Cereal
Tuesday: Cinni Mini
Wednesday: Trix Cereal
Thursday: Cinn/Br. Sugar Poptarts
Friday: Chocolate Covered Donuts

Milk, Juice and Fruit served daily with breakfast.

Lunch Prices \$2.65



OCTOBER | 2018

South Central H.S.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Cheeseburger/bun Baked Beans Mixed Fruit Milk Buffalo Chicken Wrap	2 Popcorn Chicken Bread & Butter Mashed Potatoes/gravy Sweet Corn Fruit Cup Milk	3 Cheese Pizza Carrot Coins Applesauce Cup Milk BBQ Chicken/bun	4 French Toast Sticks Sausage Links Tator Tots Banana Fruit Juice Milk Pulled Pork/bun	5 NO SCHOOL Staff Work Day
8 Toasted Cheese Tomato Soup/crackers Carrot Coins Applesauce cup Milk Fiestada Pizza	9 Small Mac Burger/bun Lettuce,Cheese,Pickles,Sauce Potato Wedges Fresh Apples Milk Turkey Deli Wrap	10 Pepperoni Pizza Sweet Tots Pineapple Tidbits Milk Mozzarella Sticks/sauce	11 Chicken Nuggets Bread & Butter Steamed Broccoli Applesauce Milk Italian Calzone	12 Loaded Nacho's Chips, Meat, Cheese, Sr. Cream, Peppers Refried Beans Fresh Veggies/dip Diced Pears Milk Hot Dog/bun w/ketchup
15 Pizza Burger/bun Carrot Coins Applesauce Milk Sloppy Joe/bun	16 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk	17 Pizza Bob Sandwich Steamed Broccoli Fresh Orange Milk BBQ Chicken/bun	18 French Toast Sticks Sausage Links Tator Tots Banana Fruit Juice Milk Pulled Pork/bun	19 Cheese Pizza Baked Beans Applesauce cup Milk Chicken Patty/bun
22 Ham & Cheese/bun Green Beans Diced Pears Milk Sausage Pizza	23 Spaghetti w/sauce Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk	24 Footlong Hot Dog/bun Baked Beans Fruit Cup Corn Chips Milk Turkey Deli Wrap	25 Chicken Parmesan Rotini Carrot Coins Fresh Apple Milk Breaded Chicken/bun	26 Rodeo Burger/bun Crisscut Fries Sweet Corn Fresh Pear Milk Hot Dog/bun w/ketchup
29 Chicken Tenders Bread & Butter Potato Wedges Sweet Corn Apple Juice Milk BBQ Chicken/bun	30 Corn Dog Baked Beans Celery Sticks Pineapple Tidbits Milk Quesadilla	31 Build A Sub Meat, Cheese, Bun Lettuce, Pickles, Tomato, Onion Steamed Broccoli Diced Pears Milk		

