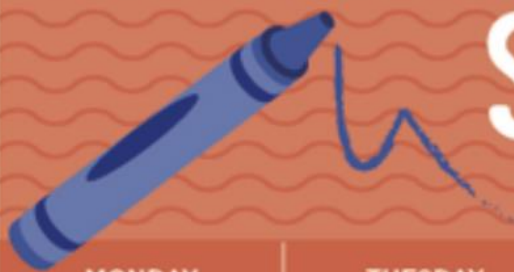


SEPTEMBER | 2018

South Central K-8

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School Labor Day	4 Small Mac Burger/bun Lettuce, Cheese, Pickles, Sauce Baked Fries Sweet Peas Sliced Apples Milk K-5 PBJ Sandwich 6-8 Sloppy Joe/bun	5 Pepperoni Pizza Sweet Tots Green Beans Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Chicken Fajita Wrap	6 Chicken Nuggets Bread & Butter Steamed Broccoli Applesauce Milk K-5 PBJ Sandwich 6-8 Bosco Sticks	7 Nacho's Grande Chips, Meat, Cheese Refried Beans Fresh Veggies/dip Diced Pears Milk K-5 PBJ Sandwich 6-8 Quesadilla
10 French Toast Sticks Sausage Links Tator Tots Green Beans Fruit Juice Milk K-5 PBJ Sandwich 6-8 BBQ Ribette/bun	11 Bosco Sticks/sauce Steamed Broccoli Fresh Orange Slices Milk K-5 PBJ Sandwich 6-8 Sloppy Joe/bun	12 Cheeseburger/bun Crisscut Fries Sweet Corn Applesauce Milk K-5 PBJ Sandwich 6-8 Chicken Fajita Wrap	13 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk K-5 PBJ Sandwich 6-8 Bosco Sticks	14 Cheese Pizza Baked Beans Creamy Coleslaw Diced Peaches Milk K-5 PBJ Sandwich 6-8 Quesadilla
17 Footlong Hot Dog/bun Baked Beans Corn Chips Mixed Fruit Milk K-5 PBJ Sandwich 6-8 BBQ Ribette/bun	18 Spaghetti & Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Sloppy Joe/bun	19 Ham & Cheese/bun Green Beans Diced Pears Milk K-5 PBJ Sandwich 6-8 Chicken Fajita Wrap	20 Pizza Burger/bun Carrot Coins Tropical Fruit Milk K-5 PBJ Sandwich 6-8 Bosco Sticks	21 Breaded Chicken Patty/bun Sweet Corn Fresh Veggies/dip Mandarin Oranges Milk K-5 PBJ Sandwich 6-8 Quesadilla
24 Chicken Tenders Bread & Butter Potato Wedges Sweet Corn Apple Juice Milk K-5 PBJ Sandwich 6-8 BBQ Ribette/bun	25 Pepperoni Pizza Carrot Coins Pineapple Tidbits Milk K-5 PBJ Sandwich 6-8 Sloppy Joe/bun	26 Trojan Sub Ham, Turkey, Cheese, Bun Lettuce, Pickles Steamed Broccoli Diced Pears Milk K-5 PBJ Sandwich 6-8 Chicken Fajita Wrap	27 Shrimp Poppers Bosco Sticks Peas & Carrots Diced Peaches Milk K-5 PBJ Sandwich 6-8 Bosco Sticks	28 Corn Dog Baked Beans Celery Sticks Pineapple/Oranges Milk K-5 PBJ Sandwich 6-8 Quesadilla

News



SEPTEMBER | 2018

South Central H.S.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 No School Labor Day	4 Small Mac Burger/bun Lettuce, Cheese, Pickles, Sauce Potato Wedges Fresh Apple Milk Italian Calzone	5 Pepperoni Pizza Sweet Tots Pineapple Tidbits Milk Quesadilla	6 Chicken Nuggets/sauce Bread & Butter Steamed Broccoli Applesauce Milk Bosco Sticks	7 Loaded Nacho's Chips, Meat, Cheese Refried Beans Celery/Carrots/dip Diced Pears Milk BBQ Chicken/bun
10 French Toast Sticks Sausage Links Tator Tots Banana Fruit Juice Milk Hot Dog/bun	11 Bosco Sticks/sauce Steamed Broccoli Fresh Orange Slices Milk Pulled Pork/bun	12 Pizza Burger/bun Carrot Coins Cucumber Slices Tropical Fruit Milk Buffalo Chicken Wrap	13 General TSO Chicken Brown Rice Peas & Carrots Fruit Cup Fortune Cookie Milk	14 Cheese Pizza Baked Beans Creamy Coleslaw Diced Peaches Milk Chicken Fajita Wrap
17 Footlong Hot Dog/bun Baked Beans Corn Chips Mixed Fruit Milk Breaded Chicken/bun	18 Spaghetti & Meatballs Dinner Roll Steamed Broccoli Pineapple Tidbits Milk Italian Calzone	19 Ham & Cheese/bun Green Beans Diced Pears Milk Meatball Sub	20 Cheeseburger/bun Crisscut Fries Sweet Corn Applesauce Milk BBQ Chicken/bun	21 Breaded Chicken Patty/bun Carrot Coins Fresh Apple Milk Fiestada Pizza
24 Chicken Tenders Bread & Butter Potato Wedges Sweet Corn Apple Juice Milk BBQ Carnita	25 Pepperoni Pizza Carrot Coins Pineapple Tidbits Milk Pulled Pork/bun	26 Build A Sub Meats, Cheeses, Bun Lettuce, Pickles, Tomato, Onion Steamed Broccoli Diced Pears Milk	27 Shrimp Poppers Bosco Sticks Broccoli/cheese Diced Peaches Milk Hamburger/bun	28 Corn Dog Baked Beans Celery Sticks Pineapple/Oranges Milk Quesadilla

Welcome Back

Hope you have an awesome year!

Lunch Price \$2.90