


# SOUTH CENTRAL K-8 BREAKFAST MENU



**August-September 2010**

| <b>Monday</b>                                                                                                                                    | <b>Tuesday</b>                                                                       | <b>Wednesday</b>                                                                 | <b>Thursday</b>                                                                               | <b>Friday</b>                                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| <b>23</b><br>                                                    | <b>24</b><br>Fruit Juice<br>Mini Pancakes<br>Or<br>Cereal & Toast<br>Milk            | <b>25</b><br>Fruit Juice<br>Eggs, Sausage, Toast<br>Or<br>Cereal & Toast<br>Milk | <b>26</b><br>Fruit Juice<br>Funnel cake<br>Or<br>Cereal & Toast<br>Milk                       | <b>27</b><br>Fruit Juice<br>Egg, Ham &<br>Cheese Muffin<br>Or<br>Cereal & Toast<br>Milk |
| <b>30</b><br>Fruit Juice<br>Poptarts<br>Or<br>Cereal & Toast<br>Milk                                                                             | <b>31</b><br>Fruit Juice<br>Egg & Cheese<br>Omelet<br>Or<br>Cereal & Toast<br>Milk   | <b>Sept. 1</b><br>Fruit Juice<br>Buttered Bagel<br>Or<br>Cereal & Toast<br>Milk  | <b>2</b><br>Fruit Juice<br>Yogurt & Toast<br>Or<br>Cereal & Toast<br>Milk                     | <b>3</b><br>Fruit Juice<br>Glazed Donut<br>Or<br>Cereal & Toast<br>Milk                 |
| <b>6</b><br><b>NO</b><br><b>SCHOOL</b><br><b>LABOR DAY</b><br> | <b>7</b><br>Fruit Juice<br>Apple Bosco Sticks<br>Or<br>Cereal & Toast<br>Milk        | <b>8</b><br>Fruit Juice<br>Breakfast Pocket<br>Or<br>Cereal & Toast<br>Milk      | <b>9</b><br>Fruit Juice<br>Pancake Sausage<br>Wrap on a stick<br>Or<br>Cereal & Toast<br>Milk | <b>10</b><br>Fruit Juice<br>Cinnamon Tastrie<br>Or<br>Cereal & Toast<br>Milk            |
| <b>13</b><br>Fruit Juice<br>Yogurt & Toast<br>Or<br>Cereal & Toast<br>Milk                                                                       | <b>14</b><br>Fruit Juice<br>Mini Pancakes<br>Or<br>Cereal & Toast<br>Milk            | <b>15</b><br>Fruit Juice<br>Egg, Sausage, Toast<br>Or<br>Cereal & Toast<br>Milk  | <b>16</b><br>Fruit Juice<br>Funnel cake<br>Or<br>Cereal & Toast<br>Milk                       | <b>17</b><br>Fruit Juice<br>Egg, Cheese<br>Muffin<br>Or<br>Cereal & Toast<br>Milk       |
| <b>20</b><br>Fruit Juice<br>Poptarts<br>Or<br>Cereal & Toast<br>Milk                                                                             | <b>21</b><br>Fruit Juice<br>Egg and Cheese<br>Omelet<br>Or<br>Cereal & Toast<br>Milk | <b>22</b><br>Fruit Juice<br>Buttered Bagel<br>Or<br>Cereal & Toast<br>Milk       | <b>23</b><br>Fruit Juice<br>Yogurt & Toast<br>Or<br>Cereal & Toast<br>Milk                    | <b>24</b><br>Fruit Juice<br>Cake Donut<br>Or<br>Cereal & Toast<br>Milk                  |