

SOUTH CENTRAL HIGH SCHOOL LUNCH MENU



August-September 2010

Monday	Tuesday	Wednesday	Thursday	Friday
23 	24 Shrimp Poppers/ Bosco sticks Or Mini Corn Dogs Vegetable Fruit	25 General TSO Chicken Or Cheese Pizza Vegetable Fruit Fortune Cookie	26 French Toast/sausage Or Cheeseburger/bun Potato Fruit	27 Nacho's Grande Or Chicken Nuggets/bread Vegetable Fruit
30 Frito Flip Or Hot Ham & Cheese/bun Vegetable Fruit	31 Turkey Deli Wrap Or Footlong Hot dog/bun Vegetable Fruit	1 BBQ Ribette/bun Or Pepperoni Pizza Vegetable Fruit Spaghetti Salad	2 Saucy Sticks/Cheese Or Hamburger/bun Potato Fruit Pickles	3 Pizza Bob/texas toast Or Popcorn Chicken /bread Vegetable Fruit
6 LABOR DAY  NO SCHOOL	7 Grilled Chicken/bun Or Spaghetti/Meatballs/ bread stick Vegetable Fruit	8 Cheesy Potatoes/ Ham/bread Or Feistada Pizza Vegetable Fruit	9 Soft Taco Wrap Or Cheeseburger/bun Potato Fruit 	10 Chicken tenders/ bread Or Meatball Sub Vegetable Fruit
13 Philly Stk. Sub Or Chicken Quesadilla Vegetable Fruit	14 Shredded Chicken /bun Or Shrimp Poppers/ bosco stick Vegetable Fruit	15 Turkey/Bacon Club Or Cheese Pizza Vegetable Fruit Ranch Pasta	16 Mini Pancakes/sausage Or Hamburger/bun Vegetable Fruit Pickles	17 Bosco Sticks/sauce Or Chicken Nuggets/bread Vegetables Fruit
20 Chicken Fajita Or Toasted Cheese/ texas toast Tomato Soup Fruit Crackers	21 Pizza Dippers Or Grilled Chicken Patty/bun Vegetable Fruit	22 Chicken Pot Pie Or Stuffed Crust Pizza Vegetable Fruit	23 Chili Cheese Potato Or Bacon Cheeseburger/bun Vegetable Fruit	24 Cook's Choice Or Chicken Patty/bun Vegetable Fruit

Milk is served with all lunches.